



To patients of **Trio Home Health Care**:

We know that you may be concerned about the spread of COVID-19, the illness caused by the coronavirus. **Ensuring patients and families are cared for in a safe and healthy environment is our greatest concern here at Trio Home Health Care.**

The Centers for Disease Control and Prevention (CDC) have recommended a variety of steps that we are implementing to help reduce the potential for the virus to spread. **However, we need your help in battling COVID-19.** Below are some examples of how you can help protect yourself, your loved ones, and caregivers, as well as prevent the spread throughout the community.

Following Centers for Medicare and Medicaid (CMS) guidance, staff from **Trio Home Health Care** might ask you about:

1. International travel within the last 14 days to countries with sustained community transmission. For updated information on affected countries visit: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
2. Signs or symptoms of a respiratory infection, such as a fever, cough, and sore throat.
3. Contact within the last 14 days with someone with or under investigation for COVID-19, or are ill with respiratory illness

To protect your health, staff of **Trio Home Health Care** who have signs and symptoms of a respiratory infection are not permitted to report to work.

For your family members and friends, we ask that they don't visit you if they have any symptoms of respiratory illness. Those symptoms include cough, fever, sore throat, runny nose, and/or shortness of breath. We understand that connecting with loved ones is incredibly important, and there are a variety of other ways you might consider connecting with them. These may include telephone, email, text, or through Skype or Facebook. Let us know how we can help facilitate communication.

If you do develop respiratory illness symptoms or are diagnosed with COVID-19, the CDC has released recommended precautions for household members, intimate partners, and caregivers who interact with a patient in a nonhealthcare setting, such as your home. You may want to share these with your family, friends, and visitors:

- Make sure that they understand and can help you follow your healthcare provider's instructions for medication(s) and care. They can help with basic needs in the home and provide support for getting groceries, prescriptions, and other personal needs.
- If you have any symptoms of respiratory illness, they can help monitor your symptoms. If you're getting sicker, they should call your healthcare provider and tell them if you have laboratory-confirmed COVID-19. This will help the healthcare provider's office take steps to keep other people in the office or waiting room from getting infected. Ask the healthcare provider to call the local or state health department for additional guidance. If you have a medical emergency and you need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19.
- Household members should stay in another room or be separated from you as much as possible. Household members should use a separate bedroom and bathroom, if available.
- Prohibit visitors who do not have an essential need to be in the home.

We are committed to the health and safety of our patients, including families and caregivers, our home health staff, and the community. We look forward to continuing to provide your care in the best and safest way possible.

Sincerely,

Nancy Marcin, PT, Administrator

Toni Washington, RN, Director of Patient Care Services